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Treatment of Macular Injury by Traditional System

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ABSTRACT

In Traditional system, we treat Macular Degeneration by first examining patient on the lines Modern Ophthalmology by investigations such as OCT, Fundus Photo etc.

In next step, patient's body constitution is examined, as in Traditional systems both Chinese and Ayurveda, eyes are not seen as an isolated sense organ but an organ which continuously interacts with all the other peripheral organs such as liver, kidneys, urinary bladder etc. Further in Vedic Medical Astrology, which is an important part of Ayurveda, universal energies are well defined, how these energies operate and affect the eyes- it is a very detailed subject.

By carefully examining we find out which peripheral organ is deficient in particular energy, then find ways through channels how to administer quantum of energy so that desired healing occurs. Besides, regenerative techniques as described in Traditional Indian System are incorporated in this treatment. Therefore, each session of treatment takes around 2-3 hours.

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Treatment of Macular Injury by Traditional System

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I. INTRODUCTION

In Traditional system, we treat Macular Degeneration by first examining patient on the lines Modern Ophthalmology by investigations such as OCT, Fundus Photo etc.

In next step, patient's body constitution is examined, as in Traditional systems both Chinese and Ayurveda, eyes are not seen as an isolated sense organ but an organ which continuously interacts with all the other peripheral organs such as liver, kidneys, urinary bladder etc. Further in Vedic Medical Astrology, which is an important part of Ayurveda, universal energies are well defined, how these energies operate and affect the eyes- it is a very detailed subject.

By carefully examining we find out which peripheral organ is deficient in particular energy,

then find ways through channels how to administer quantum of energy so that desired healing occurs. Besides, regenerative techniques as described in Traditional Indian System are incorporated in this treatment. Therefore, each session of treatment takes around 2-3 hours.

But in this case, the story was different. This patient was in the best of health, therefore, no energy deficiency could be found by Pulse diagnosis or Tongue diagnosis or by any other parameter. He got an injury on the left side of forehead eight years ago, after subsiding inflammation due to injury he was not able to see properly from central visual field of left eye.

He came to this Centre in the month of Jan 2020. I got him investigated, OCT revealed absence of foveal pit and his visual acuity was 6/24, besides he was perceiving less contrast, around 50% as compared to right eye.

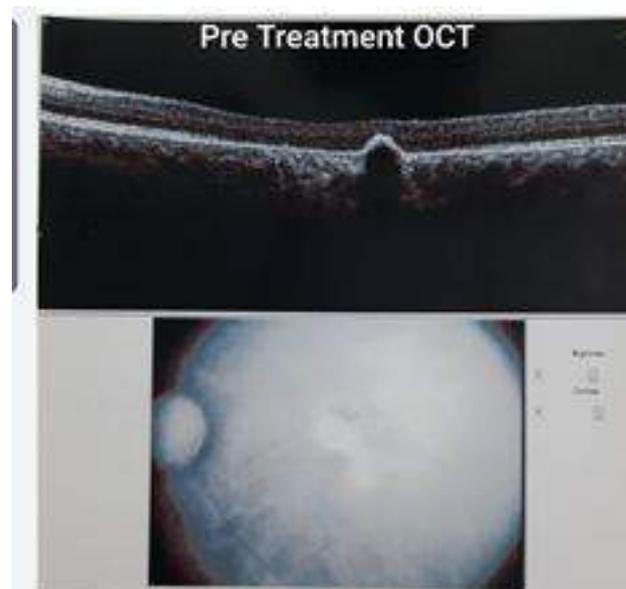


Fig. 1: OCT Showing absence of Foveal Pit before treatment

As he was in perfect health so no planning for treatment could be done as we do in other patients, only clue was he got injury on a particular time .

In Chinese system of treatment, there is concept of 24 hours organ clock. According to this, particular organs are active at a particular time. 12 main organs starting from 3 A.M. are designated two hours duration in 24 hours. Starting from 3-5 A.M. lungs are active and followed by other organs in sequence with Large Intestine, Stomach, Spleen, Heart ,etc

The effects of the organ clock concept are clinically proven and being used in Chinese Medicine.

Clinically, it is seen that injured organelle(in this case Macula) carry the memory of active organ. He got injury at 9 hours Indian Standard Time



Fig. 2: OCT showing appearance of Foveal Pit

Besides, he got good improvement in acuity of vision, which improved to 6/9 from 6/24. Patient's contrast perception was improved to 90% as compared to right eye.

This is how we incorporate Chinese system, Modern Medicine, Ayurveda and Medical Astrology at this Centre, and provide integrative results of all the techniques.

. This time was converted to Local Mean Time and this time corresponded with Stomach activity hours according to Organ Clock.

Now we had to examine, if a particular energy channel of Stomach was flowing through eyes and if we can manipulate this, fortunately this was possible. Besides other techniques, Indian Traditional System Ayurveda was also incorporated in the treatment protocol.

After observing positive clinical response of first two sittings in which patient felt subjective response, he was administered total 12 sittings of treatment.

After 12 sittings of treatment, OCT was again repeated to check improvement. OCT revealed appearance of Foveal Pit, earlier it was absent.